

Good Shepherd Episcopal Church



The Village of Pine Grove, Virginia

The  **Blessed**
Beatitudes  **are:**

the poor in spirit the meek the
they that mourn merciful
they which do hunger & thirst after righteousness
the pure in heart
the peacemakers
they which
are persecuted for righteousness' sake

Rejoice! & be exceeding **GLAD**,
for **GREAT** is
your reward in **Heaven.**

~Matthew 5~

<https://i.pinimg.com/736x/54/01/77/5401773490b6fe8c9b60f74a1d3dee0b.jpg>

The Fourth Sunday after the Epiphany

January 29, 2023

Welcome to Good Shepherd Church

We are so glad you are here or joining us online!

Guidelines for indoor worship:

Masks are now optional. Masks and hand sanitizer are available at the welcome table in the Narthex, and sanitizer is available at other locations in the Sanctuary.



CALENDAR

- SAT Feb 4** **FISH Community Table – 9 to 11 a.m.**
in the parking lot and downstairs
- SUN Feb 5** **The Fifth Sunday after Epiphany**
11 a.m. **Morning Prayer** with Cindy Ingram
Lay Reader: Lee Ruddle | Zoomer: Judy Hall
Keyboardist: Eileen Cawood
- WED Feb 8** **“Centered” men’s group** in parish hall – **5:30 p.m.**
- SUN Feb 12** **The Sixth Sunday after Epiphany**
11 a.m. **Holy Eucharist** with the Rev. Deb Rutter
Lay Reader: Janet Locklear | LEM & Prayers: Judy Hall
Zoomer: Tim Hall | Keyboardist: Eileen Cawood
- SAT Feb 18** **“Praying Through Winter” – 11 a.m. to noon**
at Good Shepherd (See Notices for more information)
- SUN Feb 19** **The Last Sunday after Epiphany**
11 a.m. **Holy Eucharist** with the Martha Clark
Lay Reader: TBD | LEM: Tim Hall | Prayers: Lee Ruddle
Zoomer: Judy Hall | Keyboardist: Janet Locklear
- Noon** **Annual Congregational Meeting**
- MON Feb 20** **“Centered” men’s group** in parish hall – **5 p.m.**
- TUE Feb 21** **Shrove Tuesday Community Pancake Supper**
Downstairs in parish hall – **5:00 to 6:30 p.m.**

Alcoholics Anonymous meets at Good Shepherd every Saturday at 8:30 p.m., in person or by Zoom. Drop in, or visit <https://aavirginia.org/meetings> and search for Bluemont.



THE HOLY EUCHARIST: RITE TWO

INCLUDING A PUBLIC SERVICE OF HEALING

Celebrants: The Rev. Martha Clark & the Rev. Rob Banse
Lay Reader: Cindy Ingram | LEM & Prayers: Josette Keelor
Zoomers: Judy Hall & Penni Tidwell | Keyboardist: Janet Locklear

Welcome and Introduction

Prelude: “Come my way, my truth, my life” *Josette – vocal, Janet – piano*
Words by George Herbert
Music “The Call” R. Vaughan Williams

Opening **Hymn 437** “Tell out, my soul, the greatness of the Lord!”
Birmingham

1 Tell out, my soul, the greatness of the Lord!
Unnumbered blessings give my spirit voice;
tender to me the promise of his word;
in God my Savior shall my heart rejoice.

2 Tell out, my soul, the greatness of his Name!
Make known his might, the deeds his arm has done;
his mercy sure, from age to age the same;
his holy Name— the Lord, the Mighty One.

3 Tell out, my soul, the greatness of his might!
Powers and dominions lay their glory by.
Proud hearts and stubborn wills are put to flight,
the hungry fed, the humble lifted high.

4 Tell out, my soul, the glories of his word!
Firm is his promise, and his mercy sure.
Tell out, my soul, the greatness of the Lord
to children's children and for evermore!

The Word of God

BCP p. 355

Celebrant Blessed be God: Father, Son, and Holy Spirit.
People **And blessed be God's kingdom, now and forever. Amen.**

The Celebrant prays

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Praise **Hymn 538** “God of mercy, God of grace” *Lucerna Laudoniae*

1 God of mercy, God of grace, show the brightness of thy face.
Shine upon us, Savior, shine, fill thy Church with light divine,
and thy saving health extend unto earth's remotest end.

2 Let thy people praise thee, Lord; be by all that live adored.
Let the nations shout and sing glory to their Savior King;
let all be, below, above, one in joy, and light, and love.

The Collect of the Day

The Celebrant says to the people

The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

The Lessons (*The people may be seated*)

The Reader introduces the first lesson, saying

A Reading from the Book of Micah.

The Old Testament: Micah 6:1-8

Hear what the LORD says:

Rise, plead your case before the mountains,
and let the hills hear your voice.

Hear, you mountains, the controversy of the LORD,
and you enduring foundations of the earth;

for the LORD has a controversy with his people,
and he will contend with Israel.

“O my people, what have I done to you?
In what have I wearied you? Answer me!
For I brought you up from the land of Egypt,
and redeemed you from the house of slavery;
and I sent before you Moses,
Aaron, and Miriam.

O my people, remember now what King Balak of Moab devised,
what Balaam son of Beor answered him,
and what happened from Shittim to Gilgal,
that you may know the saving acts of the LORD.”

“With what shall I come before the LORD,
and bow myself before God on high?
Shall I come before him with burnt-offerings,
with calves a year old?
Will the LORD be pleased with thousands of rams,
with tens of thousands of rivers of oil?
Shall I give my firstborn for my transgression,
the fruit of my body for the sin of my soul?”
He has told you, O mortal, what is good;
and what does the LORD require of you
but to do justice, and to love kindness,
and to walk humbly with your God?

Hear what the Spirit is saying to God’s people.

People **Thanks be to God.**

Psalm 15

Expectans, expectavi

Chanted in Unison

Jerome Webster Meachen (b. 1930)



© 1956. Jerome Webster Meachen

- 1 LORD, who may dwell in your | tabernacle? *
who may abide upon your holy | hill?
- 2 Whoever leads a blameless life and does what is | right, *
who speaks the truth from his | heart.
- 3 There is no guile upon his tongue;
he does no evil to his | friend; *
he does not heap contempt upon his | neighbor.
- 4 In his sight the wicked is re | jected, *
but he honors those who fear the | LORD.
- 5 He has sworn to do no | wrong *
and does not take back his | word.
- 6 He does not give his money in hope of | gain, *
nor does he take a bribe against the | innocent.
- 7 Whoever does these | things *
shall never be over | thrown.

The Reader introduces the second lesson, saying

A Reading from the First Epistle to the Corinthians.

The Epistle: 1:18-31

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know

God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

Hear what the Spirit is saying to God's people.

People **Thanks be to God**

Gradual **Hymn 593** "Lord, make us servants of your peace"

Dickinson College

Then, [all standing,] the Priest reads the Gospel, first saying

The Holy Gospel of our Lord Jesus Christ
according to Matthew.

People **Glory to you, Lord Christ.**

The Gospel: Matthew 5:1-12

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven.

"Blessed are those who mourn, for they will be comforted.

"Blessed are the meek, for they will inherit the earth.

“Blessed are those who hunger and thirst for righteousness, for they will be filled.

“Blessed are the merciful, for they will receive mercy.

“Blessed are the pure in heart, for they will see God.

“Blessed are the peacemakers, for they will be called children of God.

“Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven.

“Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.”

The Word of the Lord.

People

Praise to you, Lord Christ. (*The People may be seated*)

The Sermon

Rev. Rob Banse

A LITANY OF HEALING

The Celebrant says to the people

The Lord be with you.

People

And also with you.

Celebrant

Let us pray.

The Celebrant and People together pray the Collect for St. Luke

Almighty God, who inspired your servant Luke the physician to set forth in the Gospel the love and healing power of your Son: Graciously continue in your Church this love and power to heal, to the praise and glory of your Name; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and forever. Amen

The Celebrant continues the Litany with this bidding

Let us name before God those for whom we offer our prayers.

The People audibly or silently name those for whom they are interceding.

A Person appointed then leads the Litany

God the Father, your will for all people is health and salvation;
We praise you and thank you, O Lord.

God the Son, you came that we might have life, and might have it more abundantly;
We praise you and thank you, O Lord.

God the Holy Spirit, you make our bodies the temple of your presence;
We praise you and thank you, O Lord.

Holy Trinity, one God, in you we live and move and have our being;
We praise you and thank you, O Lord.

Lord, grant your healing grace to all who are sick, injured, or disabled, that they may be made whole;
Hear us, O Lord of life.

Grant to all who seek your guidance, and to all who are lonely, anxious, or despondent, a knowledge of your will and an awareness of your presence;
Hear us, O Lord of life.

Mend broken relationships, and restore those in emotional distress to soundness of mind and serenity of spirit;
Hear us, O Lord of life.

Bless physicians, nurses, and all others who minister to the suffering, granting them wisdom and skill, sympathy and patience;
Hear us, O Lord of life.

Grant to the dying peace and a holy death, and uphold by the grace and consolation of your Holy Spirit those who are bereaved;
Hear us, O Lord of life.

Restore to wholeness whatever is broken by human sin, in our lives, in our nation, and in the world;
Hear us, O Lord of life.

You are the Lord who does wonders:
You have declared your power among the peoples.

With you, O Lord, is the well of life:
And in your light we see light.

Hear us, O Lord of life:
Heal us, and make us whole.

Let us pray.

A period of silence follows.

The Celebrant concludes the Prayers with the following Collect.

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

The Confession and Absolution

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,

we confess that we have sinned against you

in thought, word, and deed,

by what we have done, and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ,

have mercy on us and forgive us;

that we may delight in your will, and walk in your ways,

to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Celebrant now invites all gathered to prepare themselves for the blessing of healing.

Healing Anthem (Hymn 656) "Blest are the pure in heart" *Franconia*

Josette – vocal, Janet – piano

The Celebrant continues

Savior of the world, by your cross and precious blood you have redeemed us;

Save us, and help us, we humbly beseech you, O Lord.

The Celebrant says the following blessing for those who have been named

The Almighty Lord, who is a strong tower to all who put their trust in him, to whom all things in heaven, on earth, and under the earth bow and obey: Be now and evermore your defense, and make you know and feel that the only Name under heaven given for health and salvation is the Name of our Lord Jesus Christ. Amen.

The People then come forward and the Celebrant offers prayer for each person individually according to that person's need.

After all have been blessed the Celebrant offers a concluding collect and then invites the People to stand.

The Peace (*The People stand*)

Celebrant The peace of the Lord be always with you.

People **And also with you.**

Greetings and Announcements (*Please be seated*)

THE HOLY AND SPIRITUAL COMMUNION

The Offertory

The Celebrant begins the Offertory with a sentence of Scripture.

Offertory **LEVAS 111** "Come, thou fount of every blessing" *Nettleton*
vv. 1 & 3

1 Come, thou fount of every blessing, tune my heart to sing thy grace!
Streams of mercy never ceasing, call for songs of loudest praise.
Teach me some melodious sonnet, sung by flaming tongues above.
Praise the mount! O fix me on it, mount of God's unchanging love.

3 Oh, to grace how great a debtor daily I'm constrained to be!
Let thy goodness, like a fetter, bind my wandering heart to thee;
prone to wander, Lord, I feel it, prone to leave the God I love;
here's my heart, oh, take and seal it, seal it for thy courts above.

The People stand for the Doxology

Hymn 380 v.3 “Praise God from whom all blessings flow” *Old 100th*

The Great Thanksgiving

Eucharistic Prayer B, BCP p. 367

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your son Jesus Christ our Lord..

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name: *[Hymnal S-125]*

***Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.***

Hosanna in the highest. Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest. Hosanna in the highest.

The People may be seated or kneel

Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with [_____ and] all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now as our Savior Christ has taught us, we are bold to say,

Our Father who art in heaven,
hallowed be thy Name.
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

The Breaking of the Bread

Celebrant [Alleluia] Christ our Passover is sacrificed for us.
People Therefore let us keep the feast [Alleluia].

The Fraction Anthem: Christ our Passover

Hymnal S-154

*Alleluia, alleluia, alleluia. Christ our Passover is sacrificed for us;
therefore let us keep the feast. Alleluia, alleluia, alleluia*

An Invitation to a Spiritual Communion

A spiritual communion is a personal devotional that can be prayed at any time to express a desire to receive Holy Communion when circumstances prevent a person from actually receiving Holy Communion.

The Act of Reception

*The Celebrant invites the following prayer to be said by all **virtual** participants.*

Lord Jesus, I believe that you are truly present in the Holy Sacrament. And, since I cannot at this time receive communion, I pray you to come into my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

The Celebrant says the following

The Gifts of God for the People of God.

Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

Communion **Hymn** “O Lord hear my prayer”

Taize (WLP 827)

After communion, the Celebrant says

Let us pray.

Celebrant and People

BCP p. 365

Eternal God, heavenly Father,

**you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.**

**Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

The Celebrant pronounces this blessing

May God the Father bless you, God the Son heal you, God the Holy Spirit give you strength. May God the holy and undivided Trinity guard your body, save your soul, and bring you safely to his heavenly country; where he lives and reigns for ever and ever. **Amen.**

Closing **Hymn** 477 “All praise to thee, for thou, O King divine”

vv. 1, 4, 5

Engelberg

The Dismissal



NOTICES

OUR COMMUNITY



We continue to collect donations for the **FISH** food bank in Berryville, and our January donations of many canned foods, soups, cereal, oatmeal and juices weighed 97 pounds. This **Saturday, Feb. 4**, Good Shepherd will be hosting the **FISH Community Table** mobile food pantry from 9 to 11 a.m. ***Thank you to the volunteer helpers!***

SPIRITUAL GROWTH

The **men's CENTERED small group** is off to a great start. If you'd like to join, there's still time. The next two meetings are listed in the calendar. The meeting always includes a simple meal followed by viewing of two short videos and discussions about God, belonging in community, and living a meaningful life. Contact Tim Hall (timhall0054@gmail.com or 540-454-0564).

At our inaugural session yesterday of "**Praying Through Winter**," we learned about "body prayer" as was taught by Julian of Norwich, a 14th-century Christian mystic. The next session, on **Sat. Feb. 18**, will focus on prayerful yoga & *lectio divina*. See the flyer in the narthex for details.

GIVING

Thank you to everyone who made a commitment to our "**More than Enough!**" **stewardship campaign**. If you still want to make a pledge, materials are available in the narthex. Please **return them by either placing in the offertory plate** or mailing to the church (see address below). God gives us all we need. It is **our great joy to give back**. Our regular Sunday offering is also collected in the plate by the entrance. Giving envelopes are there for cash donations. **Thank you for your support!**

OUR FACILITY

We are looking to improve our online presence and video capabilities this year. If this is something you could help with, please contact Judy or Tim Hall. Hard copies of our Good Shepherd directory are available in the Narthex or electronically from Tim Hall.

PRAYERS

Please continue to pray for our neighbors and for ways that our church can serve the community.

Friends and Family: For those in Ukraine and those who have fled Ukraine, the homeless across our nation, and the victims of mass shootings and gun violence. For Martha Hayes, Sheila Tapscott, Karen Tapscott, Lee, Tim Ingram, Penni Tidwell, Bryan Zidek, George and Debbie Rutter, Terri Quinlan (Josette's mom), Val Marsh, the Adamson Family (in Russia), Judi Floyd, Jorie & Richard Martin, the Desamparado family (Cindy's cousins in the Philippines), Dusty Bailey & Ted Weaver (Charlene's friends), David Aikman (Charlene's husband), Michael Mohn (previous clergy), Kathleen Franz (Kelly's mother), Adele & Richard Sauer (Cindy's parents), Judith Refo (Judy's mother), Roberta Adams (Tim Ingram's friend), Priscilla Clark (Martha's mother), Meredith and her daughter June Harmon (Cindy's friends), Pat Pearson, Virginia and her daughter Savannah, Shirley Russell (longtime Bluemont resident), Timothy Ruddle (Lee's nephew), Pat Wolcott & her family (in-laws of Josette), and Dee Buzzoni, Geraldine Kolowski, Lori Lilly Timmons, Paula Harris & Sam Myers (Darlene's friends & family).

In thanksgiving for the life of Briana Faye Zidek (Bryan's daughter) who passed away on January 13.

Almighty God, Father of mercies and giver of comfort: Deal graciously, we pray, with all who mourn; that, casting all their care on you, they may know the consolation of your love; through Jesus Christ our Lord. Amen.

To add someone to or remove from the prayer list, send an email to prayerlist@goodshepherdblueмонт.org

The Church: For Justin, Archbishop; for Michael, Presiding Bishop; for Mark our Bishop; and for Debbie and Martha, our Supply Clergy.

In the Diocesan Cycle of Prayer, we pray today for Christ Church, Luray, and St. Mary's, Arlington.

In the Anglican Cycle of Prayer, we pray today for The Church of Pakistan (United).