## Good Shepherd Episcopal Church



The Village of Pine Grove, Virginia



The First Sunday in Lent February 26, 2023

## Welcome to Good Shepherd Church We are so glad you are here or joining us online!

### Guidelines for indoor worship:

Masks are now optional. Masks and hand sanitizer are available at the welcome table in the Narthex, and sanitizer is available at other locations in the Sanctuary.

# ZALENDAR

MON Feb 27 "Centered" men's group in the parish hall – 4 p.m.

WED Mar 1 "Centered" men's group in the parish hall – 12 noon

SUN Mar 5 The Second Sunday in Lent

11 a.m. Morning Prayer with Josette Keelor

Lay Reader: Kelly Macoy | Zoomer: Tim Hall

Keyboardist: Eileen Cawood

MON Mar 6 "Centered" men's group in the parish hall – 4 p.m.

WED Mar 8 "Centered" men's group in the parish hall – 5:30 p.m.

SAT Mar 11 "Praying Through Winter" – 11 a.m. to noon

at Good Shepherd (See Notices for more information)

SUN Mar 12 The Third Sunday in Lent

**11 a.m. Holy Eucharist** with the Rev. Martha Clark Lay Readers: Penelope Yungblut, Ray Ewing

Prayers: Lee Ruddle | LEM: Josette Keelor

Zoomer: Tim Hall | Keyboardist: Janet Locklear

SUN Mar 19 The Fourth Sunday in Lent

11 a.m. Holy Eucharist with the Rev. Deborah Rutter

Lay Reader: Cindy Ingram | LEM & Prayers: Tim Hall Zoomer: Judy Hall | Keyboardist: Eileen Cawood

Alcoholics Anonymous meets at Good Shepherd every Saturday at 8:30 p.m., in person or by Zoom. Drop in, or visit <a href="https://aavirginia.org/meetings">https://aavirginia.org/meetings</a> and search for Bluemont.



## EUCHARIST: RITE ONE WITH A PENITENTIAL ORDER: RITE ONE

Celebrant: The Rev. Rob Banse

Lay Reader: Josette Keelor | LEM/Prayers: Cindy Ingram Zoomer: Judy Hall | Keyboardist: Janet Locklear

#### Welcome and Introduction

Prelude: "Come thou Fount of every Blessing" Robert Robinson

Opening **Hymn 688** "A mighty fortress is our God" Ein feste Burg

#### **Opening Acclamation**

BCP, p.323

Celebrant Bless the Lord who forgiveth all our sins.

People His mercy endureth for ever.

#### The Decalogue: Traditional

God spake these words, and said:

I am the Lord thy God who brought thee out of the land of Egypt, out of the house of bondage. Thou shalt have none other gods but me.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow down to them, nor worship them.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not take the Name of the Lord thy God in vain.

Lord have mercy upon us, and incline our hearts to keep this law.

Remember that thou keep holy the Sabbath day.

Lord have mercy upon us, and incline our hearts to keep this law.

Honor thy father and thy mother.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt do no murder.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not commit adultery.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not steal.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not bear false witness against thy neighbor.

Lord have mercy upon us, and incline our hearts to keep this law.

Thou shalt not covet.

Lord have mercy upon us, and incline our hearts to keep this law.

The Celebrant continues

Hear what our Lord Jesus saith:

Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

\*\*Matthew 22:37-40\*\*

The Deacon or Celebrant then says

Let us humbly confess our sins unto Almighty God.

Silence may be kept

Minister and People

Almighty and most merciful father,

we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts.

we have offended against thy holy laws, we have left undone those things which we ought to have done,

and we have done those things which we ought not to have done.

But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.

The Bishop when present, or the Priest, stands and says
The Almighty and merciful Lord grant you absolution and remission
of all your sins, true repentance, amendment of life, and the grace
and consolation of his Holy Spirit. **Amen**.

#### The Kyrie

HymnalS-91 (Sung in Unison)

Lord have mercy upon us. (3x) Christ have mercy upon us. (3x) Lord have mercy upon us. (3x)

The Celebrant says to the people

The Lord be with you.

People And with thy spirit.

Celebrant Let us pray.

### Collect of the Day

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.** 

#### The Lessons

## The Old Testament: Genesis 2:15-17; 3:1-7

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die." But the serpent said to the woman, "You will not die; for God knows

that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

The Word of the Lord.

People Thanks be to God.

#### Psalm 27

Said responsively by half verse

Dominus illuminatio

- 1 Happy are they whose transgressions are forgiven, \* and whose sin is put away!
- 2 Happy are they to whom the Lord imputes no guilt, \* and in whose spirit there is no guile!
- 3 While I held my tongue, my bones withered away, \* because of my groaning all day long.
- 4 For your hand was heavy upon me day and night; \* my moisture was dried up as in the heat of summer.
- 5 Then I acknowledged my sin to you, \* and did not conceal my guilt.
- 6 I said, "I will confess my transgressions to the Lord."\*
  Then you forgave me the guilt of my sin.
- 7 Therefore all the faithful will make their prayers to you in time of trouble; \*

when the great waters overflow, they shall not reach them.

- 8 You are my hiding-place; you preserve me from trouble; \* you surround me with shouts of deliverance.
- 9 "I will instruct you and teach you in the way that you should go; \* I will guide you with my eye.
- 10 Do not be like horse or mule, which have no understanding; \* who must be fitted with bit and bridle, or else they will not stay near you."
- 11 Great are the tribulations of the wicked; \* but mercy embraces those who trust in the Lord.

12 Be glad, you righteous, and rejoice in the Lord; \* shout for joy, all who are true of heart.

#### The Second Lesson: Romans 5:12-19

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

The Word of the Lord. *People* **Thanks be to God.** 

Gradual Hymn 150 "Forty days and forty nights"

Aus der Tiefe rufe ich

Then, the Priest reads the Gospel, first saying

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People Glory to you, Lord Christ.

#### The Gospel: Matthew 4:1-11

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

'One does not live by bread alone, but by every word that comes from the mouth of God."

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone."

Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test."

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

'Worship the Lord your God, and serve only him."

Then the devil left him, and suddenly angels came and waited on him.

The Gospel of the Lord.

People Praise to you, Lord Christ.

**The Sermon**The Rev. Rob Banse

#### The Nicene Creed

The Officiant and People together

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God,

Light from Light, true God from true God, begotten, not made, of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come. Amen.

### The Prayers of the People, Form III

The Leader and People pray responsively

Father, we pray for your holy Catholic Church;

That we all may be one.

Grant that every member of the Church may truly and humbly serve you; That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world; That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake; That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble; That they may be delivered from their distress.

Give to the departed eternal rest.

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy; May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Silence

The People may add their own petitions

The Celebrant concludes with a suitable Collect.

#### The Peace

Celebrant The peace of the Lord be always with you.

People And with thy spirit.

#### THE HOLY AND SPIRITUAL COMMUNION

### The Offertory

The Celebrant begins the Offertory with a sentence of Scripture.

Offertory **Hymn 448** "O love, how deep, how broad, how high" vv 1-3, 6 Deus tuorum militum

The People stand for the Doxology

Hymn 380 v.3 "Praise God from whom all blessings flow" Old 100th

## The Great Thanksgiving Eucharistic Prayer II

BCP, p.340

Celebrant The Lord

Celebrant The Lord be with you.People And with thy spirit.Celebrant Lift up your hearts.

People We lift them up unto the Lord.

Celebrant Let us give thanks unto our Lord God.

People It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying:

Holy, holy, holy Lord, God of Hosts, [Hymnal S-114] heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.

The People may be seated or kneel
Then the Celebrant continues

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, we thy people do celebrate and make, with these thy holy gifts which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; and looking for his coming again with power and great glory.

And we most humbly beseech thee, O merciful Father, to hear us, and, with thy Word and Holy Spirit, to bless and sanctify these gifts of bread and wine, that they may be unto us the Body and Blood of thy dearly-beloved Son Jesus Christ.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may be made one body with him, that he may dwell in us, and we in him; through the same Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **Amen.** 

And now as our Savior Christ hath taught us, we are bold to say,

Our Father who art in heaven,

People and Celebrant

BCP, p.336

hallowed be thy Name.
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

## The Breaking of the Bread

Celebrant: Christ our Passover is sacrificed for us.

People: Therefore let us keep the feast.

#### Agnus Dei

Hymnal S-158 (Sung in Unison)

- O Lamb of God, that takest away the sins of the world, have mercy upon us.
- O Lamb of God, that takest away the sins of the world, have mercy upon us.
- O Lamb of God, that takest away the sins of the world, grant us thy peace.

#### An Invitation to a Spiritual Communion

A spiritual communion is a personal devotional that can be prayed at any time to express a desire to receive Holy Communion when circumstances prevent a person from actually receiving Holy Communion.

#### The Act of Reception

The Celebrant invites the following prayer to be said by all <u>virtual</u> participants. Lord Jesus, I believe that you are truly present in the Holy Sacrament. And, since I cannot at this time receive communion, I pray you to come into my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

The following prayer may be said. The People may join in saying this prayer

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

The Celebrant says the following

The Gifts of God for the People of God.

and may add Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.



After communion, the Celebrant says

Let us pray.

### Celebrant and People

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our

Lord, to whom with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

## The Blessing

The fast that I like, says the Lord, is the breaking of the chains of evil, the untying of the bonds of slavery.

It is freeing the oppressed, and welcoming the poor into your home.

It is clothing the person you find naked, and not despising your neighbor.

Then, if you cry, God will answer; if you call, God will say: I am here.

And the blessing of God Almighty, the Father, the Son and the Holy Spirit be upon you to heal and transform you in this Lenten season. **Amen.** 

Closing Hymn 559 "Lead us, heavenly Father, lead us" Dulce carmen

#### The Dismissal

## NOTICES

#### **OUR COMMUNITY**



We continue to collect donations for the **FISH** food bank in Berryville. Our February donation of canned fruit, chicken, fish, veggies, cereal, oatmeal and a few toiletries weighed 59 pounds.

We also donated \$60 from our Shrove Tuesday event. We are hosting our first monthly FISH Community Table on Saturday April 1.

### SPIRITUAL GROWTH

The next session of "Praying Through Winter is Saturday. March 11, from 11 to 12 noon. The focus of this final session will be mindful movement meditation and sacred chanting. See the flyer in the narthex for more details. (The March 18 date given in previous bulletins is <u>wrong</u>.)

#### GIVING

**Thank you** for your **Blessed Absalom Jones** donation. We sent \$1,150 (\$650 from the offering plate matched by \$500 from Good Shepherd) to The Episcopal Church's Domestic and Foreign Missionary Society to support two HBCUs (historically black colleges and universities): Saint Augustine's and Voorhees universities.

#### **PRAYERS**

Please continue to pray for our neighbors and for ways that our church can serve the community.

Friends and Family: For those in Ukraine and those who have fled Ukraine, the homeless across our nation, and the victims of mass shootings and gun violence that continue unabated. For Martha Hayes, Sheila Tapscott, Karen Tapscott, Lee, Tim Ingram, George and Debbie Rutter, Val Marsh, the Adamson Family (in Russia), Judi Floyd, Jorie & Richard Martin, the Desamparado family (Cindy's cousins in the Philippines), Dusty Bailey & Ted Weaver (Charlene's friends), David Aikman (Charlene's husband), Michael Mohn (previous clergy), Kathleen Franz (Kelly's mother), Adele & Richard Sauer (Cindy's parents), Judith Refo (Judy's mother), Roberta Adams (Tim Ingram's friend), Meredith and her daughter June Harmon (Cindy's friends), Pat Pearson, Virginia and her daughter Savannah, Shirley Russell (longtime Bluemont resident), Pat Wolcott & her family (in-laws of Josette), and Dee Buzzoni, Geraldine Kolowski, Lori Lilly Timmons & Sam Myers (Darlene's friends & family).

## To add someone to or remove from the prayer list, send an email to <a href="mailto:prayerlist@goodshepherdbluemont.org">prayerlist@goodshepherdbluemont.org</a>

*The Church:* For Justin, Archbishop; for Michael, Presiding Bishop; for Mark our Bishop; and for Debbie, Martha and Rob, our Supply Clergy.

*In the Diocesan Cycle of Prayer*, we pray today for St. Anne's Reston.

*In the Anglican Cycle of Prayer*, we pray today for The Scottish Episcopal Church.

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Senior Warden: Lois Tapscott Treasurer: Cindy Ingram Junior Warden: Tim Hall Register: Janet Locklear