

# Good Shepherd Episcopal Church



The Village of Pine Grove, Virginia

There is nothing outside a  
person that by going in can  
defile, but the things that  
come out are what defile.

Mark 7:15,  
NRSV



<https://soulstorywriter.net/images/B15year40gc.jpg>

The 15<sup>th</sup> Sunday after Pentecost  
September 1, 2024

# **Welcome to Good Shepherd Church**

## **We are so glad you are here or joining us online!**



### **CALENDAR**

- SUN Sep 1     The 15<sup>th</sup> Sunday after Pentecost**  
**11:00 a.m.     Holy Eucharist, with The Rev. Rob Banse**
- SUN Sep 8     The 16<sup>th</sup> Sunday after Pentecost**  
**11:00 a.m.     Holy Eucharist, with The Rev. Martha Clark**  
LEM/Prayers: Tim Hall  
Lay Readers: Eileen Cawood & Josette Keelor  
Keyboardist: Eileen Cawood | Zoomer: Penni Tidwell
- THU Sep 12     Vestry Meeting, 4:30 p.m. in the Parish Hall**
- SUN Sep 15     The 17<sup>th</sup> Sunday after Pentecost**  
**11:00 a.m.     Holy Eucharist, with The Rev. Deb Rutter**  
LEM/Prayers: Josette Keelor  
Lay Readers: Ron Edwards and Christine Kestner  
Musicians: Tim Hall & Rose Holden | Zoomer: Judy Hall
- WED Sep 18     First session of Love God, Love God's World**  
**6:00 p.m.     (see Notices)**
- SAT Sep 21     Mediation Walk with Josette Keelor & Janet Locklear**  
**10:30 a.m.     at Cool Springs (see Notices)**
- SUN Sep 22     The 18<sup>th</sup> Sunday after Pentecost**  
**11:00 a.m.     Morning Prayer, with Josette Keelor**  
Lay Reader: Cindy Ingram | Zoomer: Tim Hall  
Musicians: Janet Locklear & Rose Holden

**Alcoholics Anonymous** meets at Good Shepherd every Saturday at 8:30 p.m., in person or by Zoom. Drop in, or visit <https://aavirginia.org/meetings> and search for Bluemont.



# THE HOLY EUCHARIST: RITE TWO

Celebrant: The Rev. Rob Banse

LEM/Prayers: Cindy Ingram

Lay Reader: Lee Ruddle | Zoomer: Judy Hall

Musicians: Rose Holden & Tim Hall

## Welcome and Introduction

Prelude: "Balm in Gilead"

*American Melody*

Opening **Hymn 291** "We plow the fields, and scatter"

## Opening Acclamation

*Celebrant* Blessed be the One who creates all things

*People* **The Holy One's love is new every morning.  
Amen.**

*The Celebrant prays*

O merciful Creator, your hand is open wide to satisfy the needs of every living creature: Make us always thankful for your loving providence; and remembering the account that we must give one day, grant that we may be faithful stewards of your good gifts; through Jesus Christ our Savior, who with you and the Holy Spirit lives and reigns, one God, for ever and ever. **Amen.**

**Gloria** "Glorify Your Name"

*by Donna Adkins*

***Father, we love you, we praise you, we adore you.***

***Glorify your name in all the Earth.***

***Glorify your name, glorify your name,***

***Glorify your name in all the Earth.***

***Jesus, we love you, we praise you, we adore you.***

***Glorify your name in all the Earth.***

***Glorify your name, glorify your name,***

***Glorify your name in all the Earth.***

***Spirit, we love you, we praise you, we adore you.***

***Glorify your name in all the Earth.***

***Glorify your name, glorify your name,***

***Glorify your name in all the Earth.***

## Collect of the Day

*The Celebrant says to the people*

The Lord be with you.

*People*

**And also with you.**

*Celebrant*

Let us pray.

Lord of all love and glory, the author and giver of all good things: Graft in our hearts the love of your Creation; increase in all true unity; nourish the world with all goodness; and bring forth the fruit of good works; through Jesus Christ the Wisdom of Creation, who lives and reigns with you and the Holy Spirit, now and for ever.

**Amen.**

## The Lessons

*The Reader introduces the first lesson, saying*

A Reading from the Book of Deuteronomy.

### The Old Testament: Deuteronomy 4:1-2, 6-9

Moses said: So now, Israel, give heed to the statutes and ordinances that I am teaching you to observe, so that you may live to enter and occupy the land that the LORD, the God of your ancestors, is giving you. You must neither add anything to what I command you nor take away anything from it, but keep the commandments of the LORD your God with which I am charging you.

You must observe them diligently, for this will show your wisdom and discernment to the peoples, who, when they hear all these statutes, will say, "Surely this great nation is a wise and discerning people!" For what other great nation has a god so near to it as the LORD our God is whenever we call to him? And what other great nation has statutes and ordinances as just as this entire law that I am setting before you today?

But take care and watch yourselves closely, so as neither to forget the things that your eyes have seen nor to let them slip from your mind all the days of your life; make them known to your children and your children's children.

The Word of the Lord.

*People*

**Thanks be to God.**

## Psalm 15

*Said responsively by half verse*

*Domine, quis habitabit?*

- 1 LORD, who may dwell in your tabernacle? \*  
**who may abide upon your holy hill?**
- 2 Whoever leads a blameless life and does what is right, \*  
**who speaks the truth from his heart.**
- 3 There is no guile upon his tongue;  
he does no evil to his friend; \*  
**he does not heap contempt upon his neighbor.**
- 4 In his sight the wicked is rejected, \*  
**but he honors those who fear the LORD.**
- 5 He has sworn to do no wrong \*  
**and does not take back his word.**
- 6 He does not give his money in hope of gain, \*  
**nor does he take a bribe against the innocent.**
- 7 Whoever does these things \*  
**shall never be overthrown.**

*The Reader introduces the second lesson, saying*

A Reading from the letter of James.

## The Epistle: James 1:17-27

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfillment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures.

You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls.

But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and

persevere, being not hearers who forget but doers who act—they will be blessed in their doing.

If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

The Word of the Lord.

*People*    **Thanks be to God.**

Gradual **Hymn 423** “Immortal, invisible, God only wise”

*Then, the Priest reads the Gospel, first saying*

The Gospel of our Lord Jesus Christ according to Mark.

*People*    **Glory to you, Lord Christ.**

**The Gospel: Mark 7:1-8, 14-15, 21-23**

When the Pharisees and some of the scribes who had come from Jerusalem gathered around him, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, “Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?” He said to them, “Isaiah prophesied rightly about you hypocrites, as it is written,

“This people honors me with their lips,

but their hearts are far from me;

in vain do they worship me,

teaching human precepts as doctrines.”

You abandon the commandment of God and hold to human tradition.”

Then he called the crowd again and said to them, “Listen to me, all of you, and understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile.”

For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person.”

The Gospel of the Lord.

*People*    **Praise to you, Lord Christ.**

**The Sermon**

*The Rev. Rob Banse*

**The Nicene Creed**

*The People stand*

**We believe in one God,**

**the Father, the Almighty,  
    maker of heaven and earth,  
    of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,**

**the only Son of God, eternally begotten of the Father,  
    God from God, Light from Light, true God from true God,  
    begotten, not made, of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation he came down from heaven:**

**was incarnate of the Holy Spirit and the Virgin Mary,  
        and became truly human.**

**For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried.**

**On the third day he rose again**

**in accordance with the Scriptures;**

**he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,**

**and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,**

**who proceeds from the Father and the Son,**

**who with the Father and the Son is worshiped and  
        glorified, who has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

Prayer **Hymn 574** “Before thy throne, O God, we kneel”

**The Prayers of the People, Form VI**

*BCP p. 392*

*The People may be seated or kneel*

*The Leader and People pray responsively*

In peace, we pray to you, Lord God.

*Silence*

For our friends and family: Carter Refo (Judy's cousin); Jon Edensword (Ray's friend); the Keelor and Mowe families; Jon Hall (Tim's brother); Nathaniel Cawood (Eileen's son) and his wife Abbie; Jon Ecklund (Christine's brother-in-law); Jean Ames (Judi Floyd's neighbor); The Rev. Michael Sie; Gloria Broy (Lois' friend); Nancy Kelley; Richard Sauer (Cindy's father) and his family; Kevin Tapscott (Lois' nephew); Yvette Webster (Rachel's partner); Craig Eney (Andrea's brother-in-law); Priscilla Clark (Martha's mother); Hyden McClain (Nancy's great grandson); Alan Moeck (Christine's friend); Allison Knapp, Jamie Legg, and Joanne Conner (Josette's friends); Cat Cox (Retreat neighbor); Bobby Duke (Pine Grove neighbor); Rose Eiseman (Judi Floyd's friend's niece); Dane Toler (Lee's spouse); Janet Locklear and her father, Judson Hardy; Debbie Rutter; the Adamson family in Russia; Dusty Bailey and Ted Weaver (Charlene's friends); Martha Hayes; Lee Ruddell; David Aikman (Charlene's husband); Tim & Cindy Ingram; Michael Mohn (previous clergy); Kathleen Franz (Kelly's mother); Roberta Adams (Tim Ingram's friend); Geraldine Kolowski, Sam Myers, John West, & Kenny Lucas (Darlene's friends & family). For all people in their daily life and work;

**For our families, friends, and neighbors, and for those who are alone.**

For the homeless nearby and across our nation. For the victims of mass shootings and gun violence that continue unabated. For an

end to the rage and anger in this nation, that keeps us from sharing God's loving grace. For the safety and freedom from theft for Pine Grove and Shenandoah Retreat residents and Appalachian Trail hikers. For this community, the nation, and the world;

**For all who work for justice, freedom, and peace.**

For those suffering from climate change and natural disasters. For migrants and refugees and all who are exploited. For the just and proper use of your creation;

**For the victims of hunger, fear, injustice, and oppression.**

For all people suffering from conflicts throughout the world. May they find a way to peace. For all who are in danger, sorrow, or any kind of trouble;

**For those who minister to the sick, the friendless, and the needy.**

In the *Diocesan Cycle of Prayer*, we pray today for Diocesan Campus Ministries: The University Fellowship at University of Virginia, Charlottesville; Pace Center at Virginia Commonwealth University, Richmond; The House at University of Mary Washington, Fredericksburg; Canterbury at James Madison University, Bridgewater College, and Eastern Mennonite University, Harrisonburg; and Arise at George Mason University, Fairfax. In the *Anglican Cycle of Prayer*, we pray today for The Anglican Church of Mozambique and Angola. For the peace and unity of the Church of God;

**For all who proclaim the Gospel, and all who seek the Truth.**

For Justin, Archbishop; for Michael, Presiding Bishop; for Sean, Presiding Bishop Elect, for Mark and Gayle, our Bishops; for Debbie, Martha and Rob, our Supply Clergy, and for all bishops and other ministers.

**For all who serve God in his Church.**

For the special needs and concerns of this congregation.

*Silence*

*The People may add their own petitions*

Hear us, Lord;

**For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

*Silence*

*The People may add their own petitions*

We will exalt you, O God our King;

**And praise your Name for ever and ever.**

We pray for all who have died, remembering especially George W. Rutter (Rev. Deb's husband), and Caroline Marguerite Mowe (Ryan's niece), that they may have a place in your eternal kingdom.

*Silence*

*The People may add their own petitions*

Lord, let your loving-kindness be upon them;

**Who put their trust in you.**

*The Celebrant concludes with an absolution or a suitable Collect.*

### **The Peace**

*Celebrant*

The peace of the Lord be always with you.

*People*

**And also with you.**

### **Announcements**

## **THE HOLY AND SPIRITUAL COMMUNION**

### **The Offertory**

*The Celebrant begins the Offertory with a sentence of Scripture.*

Offertory **Hymn 707** "Take my life and let it be"

*The People stand for the Doxology*

**Hymn 380 v.3** "Praise God from whom all blessings flow"

### **The Great Thanksgiving**

*BCP, p.369*

*Eucharistic Prayer C*

*Celebrant*

The Lord be with you.

*People*

**And also with you.**

*Celebrant*

Lift up your hearts.

*People*

**We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give our thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.  
**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us.**

**By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

WLP 785

[Spanish] ***Santo, santo, santo, mi corazon te adora!***

***Mi corazon te sabe decir: santo eres Señor.***

[English] ***Holy, holy, holy, my heart, my heart adores you!***

***My heart is glad to say the words: you are holy, Lord.***

*The People may be seated or kneel*

*Then the Celebrant continues*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

*At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it, and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**We celebrate his death and resurrection,  
as we await the day of his coming.**

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen.**

And now as our Savior Christ has taught us, we are bold to say,

*People and Celebrant*

*BCP p. 364*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,**

as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

### **The Breaking of the Bread**

*Celebrant* Alleluia. This is Living Bread, given for all Creation.

*People* All who eat this bread share in Christ's Body. Alleluia.

### **An Invitation to a Spiritual Communion**

*A spiritual communion is a personal devotional that can be prayed at any time to express a desire to receive Holy Communion when circumstances prevent a person from actually receiving Holy Communion.*

### **The Act of Reception**

*The Celebrant invites the following prayer to be said by all **virtual** participants.*

Lord Jesus, I believe that you are truly present in the Holy Sacrament.

And, since I cannot at this time receive communion, I pray you to come into my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. Amen.

*The Celebrant says the following*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*The ministers and people receive the Sacrament in both kinds.*

Communion **LEVAS 138** "Lord, I want to be a Christian" *vv. 1-3, 5*

*After communion, the Celebrant says*

Let us pray.

*Celebrant and People*

*from Enriching Our Worship (p. 69)*

**God of abundance,  
you have fed us  
with the bread of life and cup of salvation;**

you have united us  
with Christ and one another;  
and you have made us one  
with all your people in heaven and on earth.  
Now send us forth  
in the power of your Spirit,  
that we may proclaim your redeeming love to the world  
and continue for ever  
in the risen life of Christ our Savior. Amen.

### The Blessing

*The Bishop when present, or the Priest, may bless People*

Closing **Hymn WLP 778** “We all are one in mission”

### The Closing Prayer for the Cosmos

Creating God, your name is written on every leaf, every bird, every river, every stone, every living being. We praise and worship you for the magnificence of your creation. Make us attentive to the wounds of the earth and willing to work for the healing of the whole creation, through Jesus Christ, our Savior and Lord. Amen.

### The Dismissal

*Celebrant* Let us go forth into the world,  
rejoicing in the power of the Spirit.

*People* **Thanks be to God.**

## ❖ ❖ ❖ NOTICES ❖ ❖ ❖

### OUR COMMUNITY



We continue to support FISH of Clarke County (36 E. Main St., Berryville) with donations of food and supplies. Our **August donation of 74 pounds** included eggs, flour, cereal, canned veggies, fruit, soup, dried pasta, latte coffee, crackers, granola bars, candy, nuts, juices, peanut butter. Lois Tapscott and Rose Holden also prepared 40 “to-go” meals. This month’s **deadline for your food donations** is **Sep 24**, and the next “to-go” meals are scheduled to be distributed **on Wed., Sep. 25**.

## **LOVE GOD, LOVE GOD'S WORLD**

Come join us as we celebrate God's creation and discover how it relates to our faith in Christ Jesus. This **nine-session, film-based curriculum**, created by The Episcopal Church, is meant to transform participants regardless of where they are on their creation care journey or what their role in creation care might be.

Our first session will be **Wed., Sept. 18 from 6 to 7:30 p.m.** *We will begin with a short prayer service in the garden (weather permitting) and then meet in the Parish Hall for discussion and snacks.* Subsequent sessions will be held on the second Wednesday of each month. Sign up today for this exciting and rewarding experience! A sign-up sheet is in the narthex.

## **HEADS UP AND WALKING SHOES ON!!!**

Good Shepherd's Meditation Walks resume in the fall with the theme of **"Returning Home to Nature"**, which will explore our spiritual and ecological roots in nature and our sense of homecoming in the natural world. We will discuss the autumnal equinox, a time when animals and people alike can experience a sense of returning home.

Join us for the first walk on **Sat., Sept. 21 from 10:30 a.m. to noon**, with a welcome followed by a guided trail walk. We will meet in the pavilion at Shenandoah University River Campus at Cool Spring Battlefield, 1400 Parker Lane, Bluemont (Clarke County).

Subsequent walks are planned for Oct. 19 and Nov. 16. Times and themes to be announced.

## **GIVING FLOWERS**

A gift of Sunday altar flowers is a wonderful way to give thanks or remember a loved one, plus it helps defray our weekly flower costs. A signup sheet is posted in the Parish Hall. Flowers may be provided or a monetary donation given. Please contact the Altar Guild and let them know the commemoration you'd like included with your gift.



## **GOOD SHEPHERD EPISCOPAL CHURCH**

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[www.goodshepherdbluemont.org](http://www.goodshepherdbluemont.org)

# PRAYERS

## *Pray for our neighbors*

### *and for ways we can serve the community.*

***Friends and Family:*** Carter Refo (Judy's cousin); Jon Edensword (Ray's friend); the Keelor and Mowe families; Jon Hall (Tim's brother); Nathaniel Cawood (Eileen's son) and his wife Abbie; Jon Ecklund (Christine's brother-in-law); Jean Ames (Judi Floyd's neighbor); The Rev. Michael Sie; Gloria Broy (Lois' friend); Nancy Kelley; Richard Sauer (Cindy's father) and his family; Kevin Tapscott (Lois' nephew); Yvette Webster (Rachel's partner); ); Craig Eney (Andrea's brother-in-law); Priscilla Clark (Martha's mother); Hyden McClain (Nancy's great grandson); Alan Moeck (Christine's friend); Allison Knapp, Jamie Legg, and Joanne Conner (Josette's friends); Cat Cox (Retreat neighbor); Bobby Duke (Pine Grove neighbor); Rose Eiseman (Judi Floyd's friend's niece); Dane Toler (Lee's spouse); Janet Locklear and her father, Judson Hardy; Debbie Rutter; the Adamson family in Russia; Dusty Bailey and Ted Weaver (Charlene's friends); Martha Hayes; Lee Ruddie; David Aikman (Charlene's husband); Tim & Cindy Ingram; Michael Mohn (previous clergy); Kathleen Franz (Kelly's mother); Roberta Adams (Tim Ingram's friend); Geraldine Kolowski, Sam Myers, John West, & Kenny Lucas (Darlene's friends & family).

### **In thanksgiving** for the lives of

- Major General George W. Rutter (Rev. Deb's husband), May 17, 1927 – Aug. 12, 2024; and
- Caroline Marguerite Mowe (Ryan's niece), May 21, 1990 - Aug. 29, 2024.

*O God, whose mercies cannot be numbered: Accept our prayers on behalf of your servant George, and grant him an entrance into the land of light and joy, in the fellowship of your saints; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.*

***To add someone to or remove someone from the prayer list,  
send an email to [prayerlist@goodshepherdbluemont.org](mailto:prayerlist@goodshepherdbluemont.org)***